

## MICRODERMABRASION

### AFTERCARE INSTRUCTIONS



Clean your face after the treatment using a wet cloth & rehydrating toner.



Use a rich moisturizer once you have thoroughly dried the skin.



Avoid touching, rubbings or picking your skin.



Stay out of the sun for at least a week after your treatment & always use SPF.



Don't use exfoliating products or harsh chemicals for 7 days before/ after treatment.



Refrain from waxing electrolysis, IPL for 2-3 weeks before/ after treatment.



Drink plenty of water & avoid alcohol & caffeine for 48 hours after treatment.



Do maintain regular maintenance appointments.

## BENEFITS OF MICRODERMABRASION

Microdermabrasion is a popular machine-aided skin exfoliation treatment. Its benefits include low risk, quick recovery, and fewer side effects than comparable alternative skin resurfacing methods.

### MICRODERMABRASION CAN TREAT ANY OF THE FOLLOWING:

- Wrinkles
- Stretch Marks
- Melasma
- Hyperpigmentation
- Scarring
- Uneven Skin Tone
- Fine Lines
- Age Spots

### IDEAL CANDIDATES:

Who are ideal candidates for this treatment? Everyone. This treatment is perfect for any age and any skin type. There are no medical restrictions or risks associated with this treatment.

Let us know if you have any concerns or questions - we're always happy to help!

*Thanks.*

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